

Q Emilie Scholey (researcher)

A Man with son (aged 4)

Q I don't know if you've got one or more children, but if you have, if you can focus on just one of the children aged between three and 11, if that's all right?

A I've only got the one at the moment. In a couple of months I'll have a second, but at the moment it's just the one.

Q Congratulations. Do you mind me asking is it a boy or girl and how old they are?

A He's a boy and he's four.

Q Okay, I'll get started then. Question one is, how does technology feature in your child's play? Does your child like to play with particular devices, apps, toys? And if so, how? So, when, where, who with, how often, those kinds of things, if that's all right?

A We bought him a console which he'd decided he wants to play with every couple of days. It's a learning one, LeapFrog something or the other I think it is. He's got a LeapFrog tablet, which he again, chooses to play with, as I said, some weeks he plays on it a lot and other weeks he doesn't go near it at all. He has an actual tablet that used to belong to Mummy, but because she got a new tablet, it was like, he likes playing with this tablet, so we let him have that one.

And then we've put some games on for bits that he likes, so he likes, Thomas the Tank Engine, so there's some Thomas the Tank Engine games on there. [Overtalking] and there's some of those on as well.

Q Could you put out some in more detail, what are the games that he likes? You mentioned Thomas the Tank Engine, any other ones that he's particularly keen on?

A A game he's really into at the moment is called Matchington Mansion, which is a tile swapping game and he likes that. Not necessarily for the right reasons, he likes it because there's explosions on it and you can click on the explosives. But then he likes to decorate the house, which you get if you complete the levels. And he's got a cooking game on there, it's a simplistic one.

It's like poke the button to put the food on the hob or if everything on the hob's cooked, poke the button to take it somewhere else. And he's semi okay with that, he gets the principles of what he's supposed to do, but he's not quite quick enough on the buttons to get it done completely. He also likes to play that piggy game, is it Coin Master?

Q I've heard about that one, yes. And do you think he gets a bit of joy from completing, like you mentioned, the levels and coins, so collecting things and achieving things? Do you see him looking happy when he does that?

A Yes, the other day he was laughing like a mad man because he was using Nanny's Coin Master game and they stole some coins from Daddy, who only has the game

on the phone so he can play it. Laughing like a mad man because he stole some coins, really, really happy with the fact.

Q And the cooking game you mentioned, is he into cooking and baking and things like that then? Does he enjoy doing that?

A He likes doing it on the tablet and he likes helping to make his sandwiches and stuff or helping to make his cereal in the morning. I don't really let him near the oven to do any proper cooking at the age of four, but give him another year or two when he's a bit older and he realises, then we might start introducing things like cakes and biscuits and stuff.

Q Because they will do that at school as well, won't they, with him?

A Yes.

Q You mentioned the grandmother and yourself, so is there certain things he does with you that might be different to what he does with his mum or his grandparents? Does he play certain things with different people? Or is it just whoever's there and he plays? Or does he play by himself a lot on the tablet?

A A bit of everything. If he's with Nanny he'll play whatever games Nanny's got on her tablet with Nanny. He will play on his own tablet on any of the other games that he either by himself or get somebody to play with him, like Mummy or Daddy. He also watches YouTube videos through the YouTube app on his tablet.

Q And what kind of YouTube videos does he watch?

A Weirdly, mostly educational videos. I don't know if you've heard of it, there's a book called Blippi?

Q Blippi, I know him well.

A He likes Blippi. And there's something called BabyBus, I think it is. It's two Panda's called Kiki and Miumiu and he likes watching those videos. Where Blippi's educational, this one's like, don't answer the door to strangers, just Kiki and Miuimiu and other bits and bobs like that.

Q Does he play when he's watching television? Whilst he watching things on the telly does he play and how?

A Sometimes, yes, sometimes, no. Sometimes if someone on the TVs talking at the camera he will answer them back and if they're doing a dance he will dance along. Other times he'll just sit there and basically just watch it, and then sometimes he'll start watching the TV and then go and play with his toys.

Q Does he ever play with his toys whilst watching TV? Any kind of toys he might bring with him to watch the TV and interact with those while he's watching something?

A He doesn't normally for the most part, occasionally when he's watching Paw Patrol, he will stop watching Paw Patrol to play with his Paw Patrol toys. And they will sort of be doing some of the scenarios that happened in the TV series. Not necessarily the one that's on at the time, but sometimes that one or sometimes other episodes that he can remember having seen.

Q You mentioned YouTube, are there any other apps and online sites, such as Netflix or CBeebies that impact on his play? And if so, how?

A He does have access to my Netflix account through either my phone or the missus's tablet and he uses that to watch cartoons on Netflix.

Q Any cartoons in particular he likes?

A Again, it's stuff like Paw Patrol and stuff. So, if he's playing it's stuff that's come off of that or stuff that he's seen on Peppa Pig, he'll also incorporate.

Q My next question I was going to ask you was about your child playing video games on mobile or tablet, but you've mentioned a few of those already, haven't you? Are there any other games, you've mentioned quite a few, but are there any other ones you can think of he might play on?

A If he's playing on his console that we bought him, he likes Winnie the Pooh and Bob the Builder.

Q Does that have an impact once he's finished with those? I'm just thinking about Bob the Builder, does he like building things or Winnie the Pooh, has he got any soft toys or anything that he might play with?

A He sleeps next to Teddy Otto in his bed when it comes to teddies, other than that he does like to build and then destroy and then build and then destroy.

Q Does he have any physical toys that relate to his digital interests? They've put an example here, which are obviously too old for him, but Minecraft block figures, any kind of figures or anything that he might play with? I'm thinking, like you said, Thomas the Tank Engine, any trains or anything that he might have that's physical that he plays with?

A He has a wooden train set, he has a Thomas the Tank Engine plastic train set. At his nanny and grandad's there's a different Thomas the Tank Engine plastic train set that has buttons where you can press and it will move around, because they're battery operated. We didn't have space for that one here with his other two train sets, so that one's at nanny and grandad's, because he's heavily into his trains.

He's got three or four different types of LEGO, not the actual proper LEGO stuff, like Mega Blocks and other more clunky ones, he started playing with that stuff before it was safe to do proper LEGO. Because I think proper LEGO's from the age of five for choking hazards. So, he's got some of those that he builds with, we did buy him some alphabet blocks to do alphabet words and letter with and he'll use those to build things with.

Q You mentioned, is it a LeapPad?

A Yes, he has a LeapPad.

Q Does he have anything else, robots anything like that? Any kinds of toys that are robotic or maybe internet enabled toys such as Furby's or anything that might connect to the internet through a toy?

A As far as it concerns the internet, he's mostly just limited to phones, tablets and PS4. Because you hear lots of horror stories of people doing things in children's

videos on the internet, but Momo was the most recent one. So, we try and monitor what he's doing online. He has before used my PC and he's accessed the internet on that although that's almost never.

Q The next question I was going to ask you is about augmented reality or virtual reality equipment, any of those types of things that he's maybe used or seen or played with in the past?

A The only one of those as such he's played with is Pokemon Go. There's that one and there's a Jurassic Park version of that.

Q Can you tell me about those because I've read a lot about them, I've never actually used them myself, but I'm intrigued about it. What did you do with those? Did you actually walk around and use those then?

A Yes, on mine and the missus's phone, you open it up and then as you walk around at door places Pokemon will pop up, you click on the Pokemon in question and you have to try flick balls at the Pokemon to try and catch the Pokemon.

Q And does he like that?

A He does, he's not especially a good shot.

Q But he likes having a go.

A Yes.

Q Fantastic. How often would you use that or do you still use that?

A It varies, sometimes he's interested, sometimes he wants to go ride his bike and he won't do the two together. If he's riding his bike he wants to go fast, as fast as he can.

Q And the Jurassic Park one, can you tell me a little bit more about that? Is that similar to Pokemon Go?

A Yes and no, instead of throwing Pokeballs at the screen, you have this drone thing that you swipe around. You hold the screen and while your fingers on it the drone flies around and when the target's over the dinosaur you let go and it shoots a dart. You still walk around and poke the dinosaurs to get into the encounter with them like with Pokemon Go, only it's a different method of caching stuff, because you don't actually catch the dinosaur, you extract some DNA from it you use to make dinosaurs.

Q Do you have any artificial intelligence such as Alexa, Siri or Google in your home?

A The missus has Siri on her phone, although my son doesn't know how to use Siri. At Nanny and Grandad's, they have, I think it's the Amazon Echo, so he knows Alexa. Sometimes he can say Alexa properly and they will listen to him, sometimes it struggles to know him because he doesn't quite form the word, Alexa properly. But he has figured out, he can not have to say Alexa if he goes over to the device, presses one of the four buttons on the top it will make Alexa turn on and then he can give Alexa the instruction he wants to give her and she will do it.

Q Clever.

A He doesn't have to use her name.

Q So, he's worked a way around that. Does he ever play outside in outdoor spaces, does that ever feature technology in any way? You've mentioned the Jurassic Park and Pokemon Go, any other kind of technologies he might use outside or that might show the influence of technology in any way outside? So, pretend play or language used and of those kinds of [overtalking]?

A He pretends to use radios outside.

Q Does he?

A Yes. Or mobile phones to make conversations. He also likes to pretend he's a police officer or a train, depending on the day. And occasionally he also likes to pretend he's a fireman, so that's the fire engine, the wall outside.

Q So, linking that back to the technology, like the fireman, does that link back to Fireman Sam or something like that or programmes?

A He was the Blippi firefighter episode and he also likes fire engines, he's got lots of fire engines at home, some make noise, some don't.

Q You've already mentioned a bit about LEGO, what LEGO does he own or any similar products to LEGO? Anything that he has at home that's LEGO related or similar to that?

A He's got Mega Blocks, some stuff we bought from [unclear], which is like Mega Blocks but slightly smaller. But not as small as actual LEGO. And he's got a couple of other versions that are about the same sort of size from a couple of different places that are also not LEGO, but along the same basis.

Q Any other things that he likes that relates to LEGO? Such as LEGO bags, films, LEGO Land and any other things that link to LEGO that he likes or any LEGO games?

A He likes stuff where you've got the figures talking and moving around interacting with other bits and bobs. There's like, LEGO and Playmobil. Watch Peppa Pig. It's okay, he's watching Peppa Pig now for a bit. He likes building at the moment, we just bought him some plastic toys, one of which is a plastic battery-operated drill.

Q Are we talking about Bob the Builder and things like that, he can have a go at making his own things?

A He's never actually watched an episode of Bob the Builder, but he gets the game and plays the game.

Q So, he likes building?

A Yes.

Q Going back to LEGO, how often would he play with LEGO at home?

A It depends entirely on what he's constructing, if he's building a tunnel for his

train tracks, sometimes yes. If he's building a house for the floor mats, not at all. It's situational when it comes to building stuff with his LEGO.

Q You mentioned that he's got a box for LEGO, does he have any of the LEGO sets or anything like that?

A No, we haven't bought him any LEGO sets because of the age on them is all about five, for small parts. So, he's just been doing the stuff like the Mega Blocks bits and bobs, which we either pick up from places like charity shops or from places like B&M and Home Bargains and stuff.

Q Moving onto the next questions, these questions relate to your views on children's play and technology. Who decides which devices or digital toys, games, apps your son uses? And what guides these choices?

A This missus and I both choose what devices he is and isn't allowed to play on.

Q Does it vary from day to day?

A Yes. He's pretty much free to play on his console if he asks me, because I have to set it up for the TV. He's allowed to play with his tablet as long as he's not eating or I think it's an hour, an hour and a half before bed. Because we put some BabyBus on for some cool down music to try and calm him down before bed. Other than that, tablets, he can go play on the phone if I've got battery on my phone and I'm not using it.

Q In your view, what types of devices, digital toys, games, apps, first of all promote play and why? Out of the things he has, which ones do you think promote play the most?

A The things he used to play with most was his LeapFrog stuff, it used to be his favourite. These days he likes his actual tablet, which is a discount brand, it's a Lenovo, because it's cheap and cheerful. He likes the freedom to pick which of his games he wants to play from the apps or look at a variety of YouTube videos. For the most part he's good when it comes to YouTube, because we sit and watch him on the videos. Not necessarily watching the same videos he's watching, just keep an eye on what he's watching.

Q Going back to the different types of technology he's got, digital toys, games, apps, devices, which out of those do you think limit his play?

A The one that certainly limits his play is the console, because he doesn't have that many games and he'll play the ones he wants, but then he doesn't stay playing them for long. He might spend five, ten minutes on Winnie the Pooh and Bob the Builder and then he'll want to either swap games or do something else. Whereas when he's with his tablet he can play on that all day if we'd let him.

Q Out of those devices, toys and things, which ones do you think promote creativity most with him?

A Sorry, I missed that question.

Q Out of the devices, toys, digital toys, games, apps, which ones do you feel promote creativity the most with him?

A Most creativity with him has got to be his trains, he likes to build train tracks and he likes me and him to build train tracks together. And then he likes to build trains and then he'll make up stories of what's going on with the train tracks and it might involve stuff from Paw Patrol or Peppa Pig or just random stuff like traffic jams of all things.

Q Do you feel that maybe the technology helps drive his creativity most is maybe more television, the things that he watches on the television? Would you agree with that? Because what you just said there sounds more like he gets ideas from watching television.

A I'd say the things he watches on this tablet has helped influence his play more than things he watches. Because he's really, really, really into trains and he managed to find some videos on the internet that will tell you the difference between how a steam train runs versus how a diesel train runs.

And he will watch train videos, he's been known to watch videos of signal crossings and just trains going up and down the lines. I'm like, I don't get what you see in that video for entertainment purposes.

Q We've discussed promoting creativity, what do you think out of his devices, the things that he has, that he plays with, limits his creativity?

A Again, I say it's the educational console game, like Winnie the Pooh, because it's like go across the level, he learns to do jumping to avoid the things with hand eye co-ordination and to do the alphabet and numbers, which is what you do in the game, because you've got [unclear]. But then that's all you can do and then some of his other stuff, he's got an app with an iPad that he can use to take pictures, which he does sometimes. And then he also has a different app where he can just make his own images and he does that sometimes as well.

Q That sounds quite creative though, are you saying that's creative or not creative?

A That's creative, it's more the Winnie the Pooh and Bob the Builder games because it's rigid and he has to do what the game wants him to do, which isn't necessarily what he wants to do. Which is why he sometimes loses interest. It's one of those things, sometimes he'll go on 20 minutes, half an hour, he'll go through a few levels and then he'll get bored.

Q Going back to LEGO, do you think there's any kinds of toys or products that you think LEGO should be developing for children in this digital age? Thinking about the types of products they offer at the moment. Do you think there's anything they're missing out on which could be developed in a digital way for children?

A I know they've got video games that are LEGO based and I know they've got the LEGO toys and you can build models and stuff from films and there are actually some films about that are all LEGO. But I don't know if they've got any augmented reality bits and bobs, which could be interesting. Maybe get something so that the LEGO pieces can be interacted with in some way?

Q It sounds great, doesn't it? We're interested in your child's active engagement with technology with his play. When playing with technology how far do you feel your child is actively engaged? You just mentioned a few things there with some

of the games he plays. How focused on the activity in general is he with his technology and his play?

A He will zone you out if he's enthralled in what he's doing and you'll have to sort of put your hand in front of the screen to break his attention. He properly focuses on some of the stuff he does.

Q Do you feel that's a good thing or a bad thing? I'll rephrase that, do you think that's a positive thing that he's doing or do you feel that maybe zoning in limits his engagement or is it engaging him more?

A I tend to zone things out occasionally as well if I'm really engrossed in something, so I think he's fully engaged if he's not listening and you have to snap him out of it, like wave your hand in front of his face or something to break his attention. I assume that means he's fully engaged with it, he's taking all of it in, that's playing with bits and thinking about bits and bobs.

Q Interesting ways that your child finds play with technology meaningful and relates to their experiences in their everyday life. So, when playing with technology how far do you feel your son finds the play to be meaningful to them and their everyday interests? You've mentioned already quite a few things, which is really interesting, the trains and the building and other things. Is there anything else that you can think of that maybe you feel that for his age and what he feels is purposeful at the moment, it works well?

A He likes educational videos and he likes anything construction/train he can find on the internet and he will incorporate the knowledge he learns off of the internet in with his play. And he can even explain bits, the other day he told his uncle the difference between steam trains and diesel trains with how the power stuff works in the engine.

Q I bet he was surprised.

A Yes, his uncle was like, he's bright. And then he'll do dances he's seen on videos or songs that's he heard on videos while he's playing with his other toys and doing stuff untechnology related. So, he'll be playing with his wooden trains and perhaps will be singing some songs he's heard off of the internet.

Q We're also interested in the ways your child might try things out and try then to make improvements or set themselves their own challenges when playing with technology. So, when playing with technology, how far does your child enjoy trying things out and making improvements in general?

A I don't really see him making improvements, but I have seen him on games like Winnie the Pooh and some of those other games, instead of going where he's supposed to go, going to other places. Which is fine, because he basically wants to know what's going on over there as well as where he's supposed to be going sort of thing. So, he definitely looks around, I can't guarantee it's for any improvement or whether he's just being nosey.

Q Questions relating to play with technology and children's emotions and wellbeing is the next series of questions. We are exploring the link between play with technology and children's emotions and wellbeing, do you have any thoughts on

this topic that you would like to share?

A It can be useful, depending on the content of the videos and games he plays, to help him come up with a way to relate his emotions. He does do this thing, which we're trying to get him out of, when if he's frustrated he will growl at you and we're trying to come up with better methods for teaching him how to deal with his frustration. But some of the videos we've recently found on the internet deal with emotions and try and teach you some productive ways to use them.

Q Is that for you, do you watch those or does he watch those ways of dealing with his own emotions, then?

A He's watching them. Blippi covered some emotions the other day and BabyBus covers emotions and all of these other ones we've mentioned. Feeling happy, sad or angry and Scout on his LeapPad. It shows a picture of Scout's friends who's names I've completely forgotten, and will ask my son to identify how that character is feeling and ask my son what he thinks is the best way to deal with how that character is feeling, which is one I like.

Q When he's playing with his technology, how would you describe his reactions? Is he joyful, happy, cheerful in general when playing with his technology?

A Yes, he's quite happy when he's playing with technology. The other day he was laughing really, really loudly at something that was going on. I was cooking food in the other room, so I'm not quite sure what it was he was laughing at, but whatever it was, he was finding it hysterical.

Q What range of other emotions do you see when he's playing with his technology? Again, why do you think that is? You've mentioned he finds things entertaining.

A Sometimes he's excited and you can tell when he's excited because he gets really loud, I think all boys do. And then he's happy at some videos, I haven't really seen him be sad while playing with any of these videos. But that could possibly be because most videos and toys and stuff that are aimed at children are more towards happy feelings rather than sad feelings. I don't think storytelling gets through that sort of more emotionally involved until they get a bit older.

Q I'm going to ask you the question first, but I think you've already mentioned this. What types of technology do you feel like he gets bored with quickly? You've mentioned the console, why do you think this is? Is this similar or different to the way they become bored in play that does not involve technology?

A If he's playing with his tablet and other bits of technology like that, he's quite happy to stay there and play forever if you'll let him, so we have to monitor how much he does. But when he's away from his technology he will play with some things a lot, at the moment he's into playing cooking and going on picnics. He's also heavily into trains and construction are his three main focuses of play at the moment.

Q We're interested in your son's social interactions in relation to their play with technology. When playing with technology that allows for social interaction, would you say that your child engages well with others in general?

A Yes, he seems to. When we play boardgames he semi follows the rules, he doesn't quite have the focus to fully do the rules, but he gets what he's supposed to be doing. And he's getting used to the concept of taking it turns on that, if he's playing on his tablet with somebody he's perfectly find with taking it in turns, he'll say, you do this and then I'll do this sort of thing.

We're only really just introducing boardgames as such. Playing with his trains and building his train tracks, he's happy for him and somebody else to be doing it at the same time, so both working on the train track and both going around with two separate trains. He's quite good with that.

Q Which types of technology we've discussed do you feel supports social play in your view, if any and why do you think this is? You mentioned the grandmother plays with him on the tablet, is there any other kind of technology you feel is sociable? Like he plays well with others?

A He's very sociable when he's with the tablet, because he'll sit on Nanny's lap using Nanny's tablet. He'll sit on my lap and play on my phone with me and he'll sit on the missus's lap and play on the tablet and phone with the missus. So, he's quite sociable with that. On one occasion, one of us was talking online to somebody we know somewhere else and he came over and was like, hello.

Having a conversation with the other person, he wasn't playing the game, but he was talking to the person on the other end of the thing. He also gets video chats, he understands FaceTime and stuff like that.

Q That works well, he kind of gets involved in that then?

A Yes.

Q The next section is questions about parent's roles in technology mediated play. When your son's play involved technology, do you ever play with him and if now, how? So, when, where? You've mentioned you play with him on your phone, would that be in the home, would that be outside the home? Is there a time when that happens more?

A That will be anywhere, because he's four, he's not too used the idea of sitting still and quiet. So, sometimes we'll be out and about, like at a restaurant sitting down for food and then while we're waiting for the food to arrive he'll play on my phone with me or the missus's phone with the missus. Or we might put a video on for him to watch. Or he'll be in the home he'll be over creating his house on Matchington Mansion.

Q Could you just repeat that, what is that one? I've not heard of that, so that's creating a house?

A Yes, it has some kind of story or lot, but basically your character moves into some mansion left to them by somebody, their dead relative. And you renovate the house, you pick which of the floors you want, which of the walls you want, tables, wallpaper, bannisters, carpets. So, you basically decorate the house. You play [unclear] for your stars and then you use the stars to upgrade the house and it goes through one room at a time.

Q Is that something you play together? Or is that something he would play alone?

A He doesn't tend to play it alone much, but does like doing it with either me or his Nanny or his Mummy. Because as you do things the people that are in the game make comments and they say things and he's not quite old enough to read, so he's like, what is she saying? So then you read what the lady character or male character on the screen has just said to him.

He likes his Thomas game, because his Thomas game he chooses which of the paths he wants to go down to go towards which mini game. And with Zoom Box toys he gets to pick where he is he wants to place them on the board, so he likes the creative aspect of it so far.

Q Is there any other apps or games or digital toys or devices that, you mentioned that you play with him, you both like playing together or your wife or the grandparents play and why?

A He will help the missus on her child friendly games on the PS4 and we will play with him on his console, because sometimes he just wants to go on and play and other times he's like, play with me and then we'll play with him on the console.

Q That was my next question actually, is there anything he ever asks can you play with me on this? But I think you've covered that question I was going to ask you. Do you ever initiate play using technology with your child first? And if so, can you give me any examples?

A Yes, sometimes when we're out and about places, it's like, would you like to come and do this? Or if I've racked him up a couple of stars on Matchington Mansion, it's like, would you like to come and spend your stars? He likes some of the other games we play, most of what goes on in the game is hit and miss as to whether it's child friendly, he doesn't actually interact with that bit of the game. He likes scurrying around on the world map, so sometimes he does that as well.

Q The next section is questions about parent's general perception about technology. So, the first one is do you think certain technologies offer more positive or negative experiences for your son? Which ones and why? So, I guess the most positive ones you think and then maybe the negative ones, any examples that you feel are negative.

A Positive ones I would definitely say are the phones and the tablet, because it allows him to view things he's interested in and learn some stuff.

Q Which are the negative ones would say? If you think there are any negative technologies?

A It's not really negative per se, it's just when he's on YouTube I like to monitor the videos he is watching because some videos on YouTube are appropriate for his age and others aren't. So, I'm a bit weary when he's on that, not so much when he's on Netflix, for example, because he doesn't know how to swap areas. So, once he's on his own area, which is basically like a child's area the only thing he can look at are children's things.

Q So, it's more YouTube. Do you have any concerns about your son's experience

with technologies and if there's anything that's shaped these concerns? You mentioned YouTube, is there anything else that you're concerned with?

A No, for the most part. Like I say, the only thing we really worry about is YouTube, he's too young for social media and stuff. So we don't need to worry about cyber bullying or other people putting inappropriate stuff up on that without parental controls and stuff.

Q My next question was about the safety aspects of internet enabled toys and things like that and data privacy in relation to your child. I think you've covered that haven't you? Is there anything else you want to say about that?

A In regards to data privacy, there isn't really much to say, he has basically zero internet presence, he's got no social media. If he's accessing YouTube, the actual site it's on my phone's account or the missus's phone's account, which is registered in our names rather than his. And then obviously, my privacy settings are set to nobody that's not allowed to see things and it's the same with the missus. He's pretty safe data wise, do you know what I mean?

Q Yes. I've got four more questions left. Do you think that your son's use of technology influences family life positively in any way and if so, how?

A It is good in some ways is because, one, his Nanny isn't as mobile as she used to be and they can sit and play together because she can't go down on the floor to play with him and his trains.

Q What do they play together?

A They'll play any of the games that are on his tablet, like Thomas or the cooking games, she has cooking games on her own tablet as well, but she does better when he's not helping her, but that's common sense really. And then he also plays piggy with that Nanny as well, that Coin Master game thing.

Q Are there any technologies that you think influence family life in a negative way at all?

A Sometimes he will insist on having his tablet to play with even though it's either time for his wind down at the end of the night or his meal times where he's forbidden from playing with anything electronic. And he can kick up a bit of a stink that we're not letting him have the technology when he particularly wants it, but other than that, no.

Q Do you have any concerns about your son's use of technologies or about the use of technologies at home in any other way? You just mentioned when he wants the tablet, and if you do, what do you do about it?

A If he's not listening or misbehaving slightly, we will take his tablet off him, we'll forbid him from watching. So, if he's refusing to go off his tablet and eat because he wants to watch the YouTube videos, we'll ban him for the rest of the day from the YouTube videos on his tablet and before midday he'll be able to use his tablet again. Or if he's been really, really bad or he keeps being bad then taking it off him until he starts behaving.

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Q The last question is, what advice or guidance would you offer new parents on any issues relating to data privacy and safety in relation to your child? Anything you would offer new parents, any advice?

A My main one would be, don't give them social media accounts, because I have a friend, the day their child was born there was a Facebook page opened up for the child with pictures of the child all over the page. And it's like, the child is just born, he does not need a Facebook account, because obviously that just opens up all kinds of security risks and stuff. I'd rather they get a bit older so they can understand before they get exposed to stuff on social media.

Q And anything else that you would recommend with regards to privacy and safety with a child?

A I personally think stuff like Netflix with the children's area is better than YouTube Kids, because in the Netflix area you can pick like, Paw Patrol, BabyBus and Peppa Pig and then he only sees what that is and there's no adverts, which is one thing.

Because with YouTube you get adverts and not every advert is child appropriate, for example, the other day, I think it's a Rambo film that's coming out or has come out recently. And he's watching a children's video and part way through the video an advert comes up and it's for this Rambo film. And it's like, yes, that's definitely not age appropriate.

Q That's really good advice.

A It's like for ages 15 or 18 and it's got guns and it's got violence and it's perfectly fine for me to watch, I'm an adult, but he's four. And I think at the time it wasn't even his fourth birthday, he might've been three. And I'm like, it's not okay for him to see that.

Q That's great, thanks ever so much for everything you've said, it's been amazing. Is there anything else that you want to say regarding technology and play that maybe I've not covered?

A Just that we really recommend the Leap stuff, because that's quite good. He's got a pen that's got like, a planet and [unclear] he can learn bits about the earth by poking on it with the pen. He's got books with the little puppy that when you put him on the book you can teach them toilet training or things with the new baby on the way and other various bits and bobs. It's pretty solid learning material for younger minds.