

Q = Main interviewer (Cath)

Q2 = Second interviewer (Beth)

A = Mum (Halima)

C = Child 1 (Ahmad, boy, 14 years)

D = Child 2 (Samir, boy, 12 years)

E = Child 3 (Hanif, boy, 8)

F = Child 4 (Kamal, boy 2)

Q If I could just ask what kind of tech they have each and what kind of age they got that tech. And like do they have mobile phones, does anybody have a mobile phone?

A They all have mobile phones.

E Except for one.

A Is it you?

E No.

A Oh apart from Kamal he hasn't got a mobile phone yet you know.

Q Yeah, because he's 2.

A They all have a mobile phone. So Ahmad does have an iPhone 4.

E And a 5 and a 6.

A And a 6. Where are they all?

Q Where are they all, do you collect them?

E Some are ???

A Oh are they ??? Yes so he was gifted an old iPhone 4, but that disappears quite a lot, it goes on disappearing at ???

Q OK.

A And Samir's got an iPhone 6, normal....no the plus. Again that is only given to him on trips, only given to him if I'm going out and if I'm leaving the two eldest ones, you know. It will go out if they were going to go somewhere and they needed to take photos with them. ??? I take it off them. Ahmad has got a 2 week ban on his phone.

Q Oh, OK, can I ask why?

A Yeah. So it was supposed to be my time, so as soon as my kids sleep this is the time where I can have a shower without any interruptions, or have a bath, or you know just read or do something.

Q Yeah.

A So they all should have been asleep or, you know relatively quiet, OK it was about half 9, quarter to 10. So all of them were asleep, and then I hear screams and shouts. And I was having the most relaxing shower ever and this is my thinking time, this is my genius works, you know it's best, like all the thoughts and all the novelties starts in the shower, if you know what I mean?

Q Yeah, yeah.

A So I've got this really nice scrub and I'm in my own world, and I hear screams and shouts, and I'm like 'is this in my house, is this the TV, are they watching a movie, everyone should be asleep or ready to be calm'. Because three of them are definitely asleep. So the screams got louder and louder, so I had to not even finish, not even wash myself off, you know cover myself, go out, and then back to my towel. I kept hearing this screaming and hysteria. He had been pulling his hair for entertainment.

Q OK.

A OK, so pulling his leg hair, pulling his nose hair, pushing certain things up his nose, putting things in his ear, just pranking. And he's doing that from the top of the bunk, so dangling down and doing it, dangling...he's told them to maybe ??? or do whatever. He said 'I'm trying to sleep'. But he thought it was funny. And that's all triggered from the things that he watches from YouTube like pranks and what they do with things ???

Q Oh right.

A So because Samir was ??? you know and had slept quite nicely for a while, he was in a deep sleep, he just woke up frantic. 'I'm going to ???'. I went 'no you're not going to ???' the neighbours are probably asleep because I know my neighbour sleeps quite early ??? 'Are you going to go back to sleep? When your mobile comes...' because it was getting ??? 'you're not going to see it for two weeks'. He got it today because he was meeting his cousin and they needed to know exactly where they were going to be. Yeah, you know 'tomorrow you are not playing PlayStation and you're not seeing your phone for two weeks' because he was ??? And he was like 'agh....' and I went 'you said it was banter, it was funny'. 'No, your brother is screaming in hysteria'. And his face was red and he was just so angry. And I'm like....so I'm angry at him being angry, and I'm angry at him being silly, and I'm angry for not finishing my bath. I was like 'two weeks'. And so what he does is because he feels like he has to be socially connected with Snapchat and stuff like that. I still, am not pretty mean, I know that he knows my password, all of them know my password, he would sign in and sign out. He would sign in and sign out of his account, so he still feels like you know he's still connected to his friends and he's seen what his friends are doing, so it doesn't make him feel singled out, if you know what I mean. So there is an element of meanness, but I'm not completely mean, I'm still kind of...I still meet him in the middle.

Q Ah, so it's kind of like the social aspect of it, of the technology.

Time 4:45

A I allow him because I know how difficult it could be. Because so many of his friends would be talking, because that's all they'd do, they talk about what they saw on social media, what they've done, and what they've seen. So I mean it's quite sad that if you're sat down and you can't join or you can't contribute to what the latest YouTuber did and stuff like that, I think he will be left out and probably resent the fact that I'm taking it away from him as much as.... Some of his friends, I know one particular friend that he sleeps with his phone, he's got his phone, there's no cut-off whatsoever. So from one extreme to another, that's taking your phone, to a friend that's got his phone without any restrictions. There has to be kind of like almost a balancing...not a balancing act but almost like a balancing act where you play mean parent and kind parent at the same time, but it's for their mental and.....it's their cooling time, you don't want to be giving it them all the time.

Q So how do you sort of decide what that balance is, or is it a....

A The balance is as soon as they come in they don't need to be talking to their friends, they don't need to be on their phones. It doesn't need to be in their bedrooms with them because you don't know what they're looking at. In terms of like parenting, you know they can be bullied, they could be radicalized, they could be watching things that aren't age appropriate, OK, there are so many things that you worry as a parent. Because it's their phone, they can restrict what they can watch and what they can't watch. They're their own boss, like three steps ahead of me. They know what's what in technology. I'm kind of like the old school where I can navigate my iPhone quite easily, I'm sure that there's probably tricks that he knows that I don't know.

Q Do you kind of find out what they've been watching on YouTube? Do you ever sort of try and find out?

A I have, I have, I have looked at his history ??? I have looked at his history and it's all decent. And he still loves the WWE and stuff like that. And I know he's innocent because his YouTube is signed in my phone. Yeah, his Google account or whatever, Gmail account, is signed on my phone, so when I'm opening my YouTube everything that he watches, because everything that he watches – you know like the suggestions and stuff like that – are up, so I know what he's watching.

Q Yeah.

A So that's kind of reassurance why I say ??? I know it's almost like a spy, spying techniques.

Q Yeah, to try and find out what he's doing. OK I think that's probably going to be it for today because I think I've taken quite a lot of your time, so thank you ever so much.