

# 16 Fridge cameras

## What does it do?



Fridge cameras can be installed inside a fridge. They take a picture of the inside of the fridge each time the door is closed. The picture is then sent immediately to a connected smartphone app. Fridge cameras act as a shopping aid by ensuring that the user is up to date with the content of their fridge, thus helping to reduce waste.

## What can it be used for?

**#ActivityMonitoring** Carers are notified immediately by the picture sent to their app when the PwD has used the fridge. The picture can also let them know what has been taken out of the fridge. This can let carers conclude whether, when, and what the PwD is eating. This can be relevant to investigate sudden weight fluctuations which can be caused by people forgetting to eat or how to prepare a meal due to their illness.

Comment	Rating	Author	Date
This could play a part in ensuring someone is eating but won't actually tell you if the person ate what they took out the fridge. Also everything that people eat is not kept in the fridge.	1	Violet Tiger	Aug 31, 2020, 02:10 PM
My mother's fridge is jammed packed usually with items hidden behind others and on top. A lot of stuff you find is out of date.	2	Blue Dog 2	Jul 02, 2020, 05:37 PM
I can see the benefit of this for carers who have taken over food shopping for someone with dementia. I found with mum that I would not always get the shopping order right - too much of one thing and too little of something else. It still would not prove that the individual had eaten the food. A person may take something out of the fridge only to forget it on the side if distracted by something else. I don't see how it would evidence someone 'forgetting to eat or how to prepare a meal due to their illness' As with all apps consideration would need to be given to the memory this would use on carers phone.	4	Purple Cat	Jul 01, 2020, 04:36 PM