



Enabling research participation in
under-served populations in
Yorkshire and Humber
DERA-YH
(Deep End Research Alliance)
REPORT September 2022

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Amanda Hunn

We were extremely sorry to lose our project manager on the DERA project, Amanda Hunn, who passed away suddenly and unexpectedly in February 2022. Amanda is remembered by all for her amazing work, and compassionate personality.



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Sheffield.



General Practice at the Deep End
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Social Care
NHS Foundation Trust

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Introduction

Funding and aims

Dr Caroline Mitchell (GP) and Dr Kate Fryer (Researcher) were initially awarded two grants to support a 6-month project aimed at increasing the capacity for inclusive research in Sheffield, and to form a Deep End Regional Alliance to bring together people across the region. This work was funded by a research capability funding grant from Sheffield Clinical Commissioning Group and the NIHR Local Clinical Research Network, Yorkshire and Humber, with a joint grant to the Deep End and Township clusters.

Following the success of this initial pilot, further funding has been secured until March 2023 from the same funders to continue developing this work in Sheffield and across the region. We thank our funders for recognising the value of this work and supporting us to further develop this work and contribute to challenging health inequalities.

Further grants have been secured by Academic Clinical Fellows Qizhi Huang (prostate cancer with Professor Janet Brown and Caroline Mitchell) and Josie Reynolds (dementia). Johanna White has also continued in her role as research nurse and Deep End Sheffield practitioner-patient group facilitator.



Dr Caroline
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Dr Kate Fryer



Dr Josie
Reynolds



Dr Qizhi
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Aminu



Johanna
White

“Your health is your wealth, because if you are healthy, you
can attain all of your dreams”
(PPI contributor)

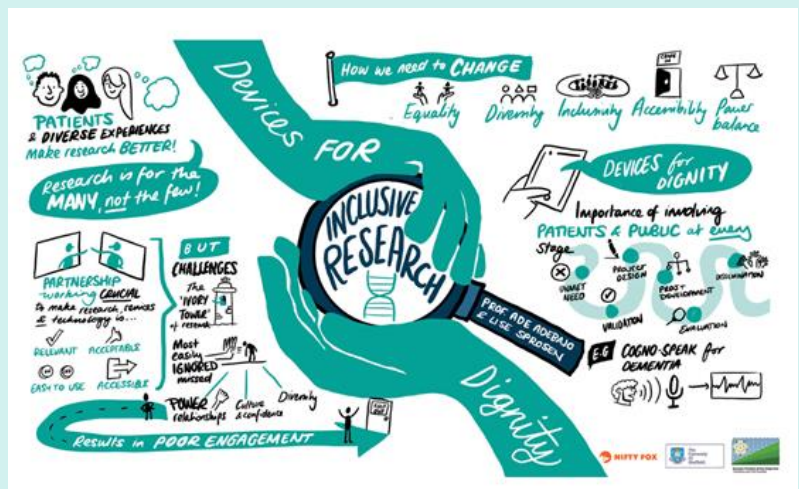
Deep End Research Alliance (DERA-YH)

Creating patient-researcher-clinician partnerships across the region

As part of our NIHR funded Deep End Regional Alliance project, we have held two online and two face to face events designed to bring together patients, public, researchers, clinical academics, clinicians and research managers across Yorkshire and Humber. A typical event includes a short, lay-format keynote speech followed by facilitated discussions in small groups. Presenters send their slides in advance to be amended as necessary for a lay audience. A visual scribe summarises the discussion in a lay-friendly format to share with participants afterwards.

‘Inclusive Mental Health in Yorkshire and Humber’ 18th November 2021

During this event we welcomed Lise Sproson (Devices4Dignity) and Professor Ade Adebajo (Barnsley Hospital), who introduced the session, and we had presentations from researchers from the Universities of Sheffield and York. A team from the Academic Unit of Primary Medical Care and Psychology (led by Phil Oliver and Vyv Huddy) presented early-stage qualitative research from across Yorkshire and Humber about access to community support for people who self-harm and invited feedback about the research idea and how to widen representation from underserved groups in the study.



Emily Peckham (University of York), Jo Smith and Suzy Kerr (Teeside University) presented later stage research, *'Food Insecurity in Adults with Severe Mental Illness'*. The researchers discussed their findings and how to disseminate the findings to lay audiences with participants in the breakout rooms. This qualitative research had just concluded, and further grant applications were planned incorporating feedback from this event. This was interspersed with smaller discussions in break-out rooms.



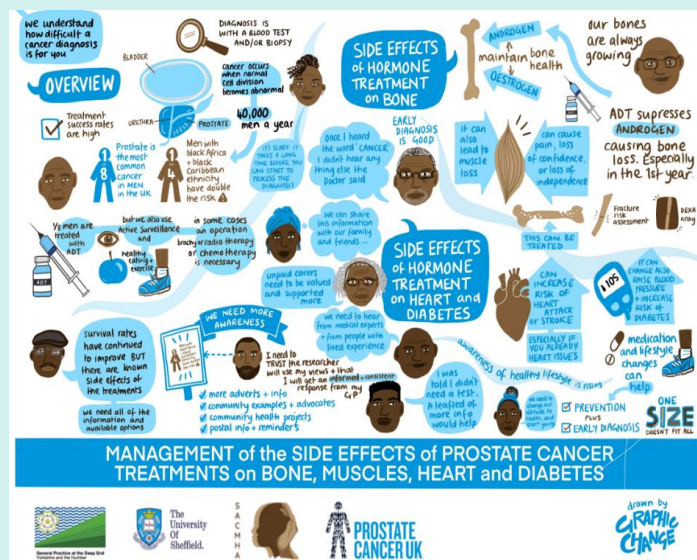
PPI representation was from our Deep End Patient and public (DE PPI) group and the SUNRise PPI group from Sheffield Health and Social Care trust.

Feedback confirmed that the research topics raised in the webinar were of importance from the patient perspective. The issue of stigma around mental health problems was particularly significant in ethnic

minority communities, and contributors emphasised the importance of the research leading to positive change. Key issues are highlighted in the lay visual summaries. We also obtained useful community contacts for inclusive recruitment of participants from under-represented groups. (Appendix 1 provides more visuals for our mental health work).

‘Widening participation in prostate cancer research in Yorkshire and Humber’ 3rd February 2022

During this event we had presentations from Professor Janet Brown from Weston Park Hospital and researchers from The University of Sheffield and Sheffield Hallam University. We had excellent patient representation at this meeting, including many people from African-Caribbean backgrounds, which is important given that prostate cancer disproportionately affects this community. Digital health in the cancer care pathway (joint Sheffield-Leeds research) was discussed. The 2nd presentation was about bone health in patients with prostate cancer who received hormone treatment.



The discussions at this event have influenced further partnership work between Janet Brown, Qizhi Huang and the Sheffield African-Caribbean Mental Health Association

(SACHMA). A key outcome of the new collaboration was a research project with people from ethnic minority groups and/or those living in socioeconomically deprived situations, which has since received funding from Research England to co-develop and prioritise prostate cancer research ideas. A digital health proposal with a focus on co-designing digital solutions with ethnic minority groups has gone forward for NIHR grant submission with the University of Leeds. (See appendix 2 for more visuals on prostate cancer work).

‘Widening Participation in Dementia Research in Yorkshire and Humber’ July 14th, 2022

The final event in this series was a workshop led by Dr Josie Reynolds focussed on dementia research undertaken throughout the year with our community partners. Dr

Josie Reynolds gave a keynote presentation of her work with Shipshape, SACMHA and Lai Yin community interest groups on improving access to dementia services for ethnic minority communities. This was followed by a second presentation featuring Dr Samuel Lassa’s work on focussing on the micro-politics of decision-making between healthcare providers,



carers and people living with dementia. The event provided rich feedback, including that dementia is a biomedical construct and that many communities see ‘forgetfulness’ as a normal part of ageing, which families and communities adapt to. However, the value of early diagnosis was recognised, particularly for reversible causes of memory loss. In addition the importance of adopting early lifestyle modification such as nutrition, exercise, social and intellectual stimulation (e.g. dominoes) was acknowledged. Culturally-specific feedback received on the approach to data collection and terminology used was pivotal in Dr Reynolds’ study design.



In addition to undertaking local community engagement, and working with academics across the region, the DERA team are active members of the Ethnic Minorities Research Inclusion Group. This is a network of research staff and members of the public from across the Yorkshire and Humber region, working alongside the Clinical Research Network Yorkshire and Humber, with a shared interest in increasing levels of participation in health research within Ethnic Minority communities throughout Yorkshire and Humber (nihr.ac.uk), and Kate is now co-chair of the 3 weekly online meetings.

Deep End PPI group

Supporting researchers to design and deliver community ready research

Our outstanding Deep End PPI group has continued to meet regularly (virtually throughout lockdown) with researchers, to give them input at all stages of research design, delivery and discussion of results. Many have also become involved in other projects, for example, sitting on project steering groups. They have earned themselves a national reputation, which results in them being extremely busy! Here are some of the projects, in addition to the DERA events described above, that they have supported over the last 6-8 months.

FAIR STEPS Delphi (Tom Lawy, Ben Jackson, Caroline Mitchell – Academic Unit of Primary Medical Care, Joanne Coster – ScHARR, University of Sheffield)

The team is developing an evidence and expert informed framework for GP practices to use when seeking to tackle health inequity in their practice population. The Deep End PPI group have taken part in the development of the Delphi process, commenting on the intervention ‘vignettes’ and commenting on findings from the evidence review. The Deep End meet the research team regularly to co-produce outcomes, which incorporate patient and public perspectives.



Occupational Therapy in Primary Care (Jennifer Read – ScHARR and Julia Clifford – Occupational Therapist)

This research project is looking at Occupational Therapists (OT) working in GP practices. OTs haven't worked in GP practices for very long, so not much is known about the effects of having them there. The project is a literature review to see what is already known about this topic. The Deep End PPI group discussed what they thought the effects of having an OT in primary care would be and have shaped the next stages of this research.

NewDawn (Professors Susan Jebb and Paul Aveyard – University of Oxford)

This is a £2.2 million project which aims to set up "remission hubs" within the NHS which will refer people with newly diagnosed type 2 diabetes mellitus (T2D) to a choice of weight loss programmes which are currently available on the NHS. As part of the development work for NewDAWN, the team has established that there is a lack of culturally appropriate interventions for many of the ethnic minority communities in the UK. Recognising this unmet need, researchers at NewDAWN are now seeking to work in partnership with ethnic minority communities to co-design a remission intervention, which works for them. The University of Sheffield will provide expert input from their nationally renowned research in "Deep-end PPI" and experience-based co-design. This collaborative research project will result in a culturally appropriate T2D remission programme, which has never been developed with those at higher risk. This NewDAWN project is an example of how research can evolve to be so much more than our PPI involvement at grant application stage. Please see the [New DAWN](#) 's website for more information.

Heads Together for Health Equality: a focus on childhood obesity (Dr Anam Ahmad, Leadership Fellow, University of Sheffield)

This was a childhood obesity workshop aimed at undergraduate students from the University of Sheffield and Sheffield Hallam. Deep End PPI member Aaishah Aslam (right) helped facilitate during the event. Anam (left) undertook a research project with the early Deep End research group as an intercalating medical student at AUPMC. She is now a GP in training, and this highlights the value of capacity building.



Service improvement - barriers in care transition from primary to secondary healthcare facilities (Jannat Muen – Equality, diversity & inclusion leadership fellow at Sheffield Teaching Hospitals)

Jannat was exploring what barriers patients experience when accessing secondary services at Sheffield, in order to contribute directly to service improvement. Jannat

asked the Deep End to consider barriers in the transition from primary to secondary care.

Re-Quipp Palliative Care partnership (Dr Sarah Mitchell – Oncology and Metabolism, University of Sheffield)

The RE-EQUIPP partnership is a group of researchers, patients, family members and



carer representatives with experience of palliative care. They are co-developing new ways that primary and palliative care services can work together better to ensure everyone gets good palliative care. The Deep End is a part of this partnership, with a particular emphasis on ensuring that diverse viewpoints are heard.

RHabit (Diana Papaioannou, Sienna Hamer-Kiwacz – SchARR, University of Sheffield and Kirsty Sprange – School of Medicine, University of Nottingham)

This study is developing a guide on how to record harms in behavioural change intervention trials, improving how harms are recorded by learning what the most relevant and important information is to collect. The Deep End PPI group were asked what they thought was important information to be recorded, from the patient perspective.

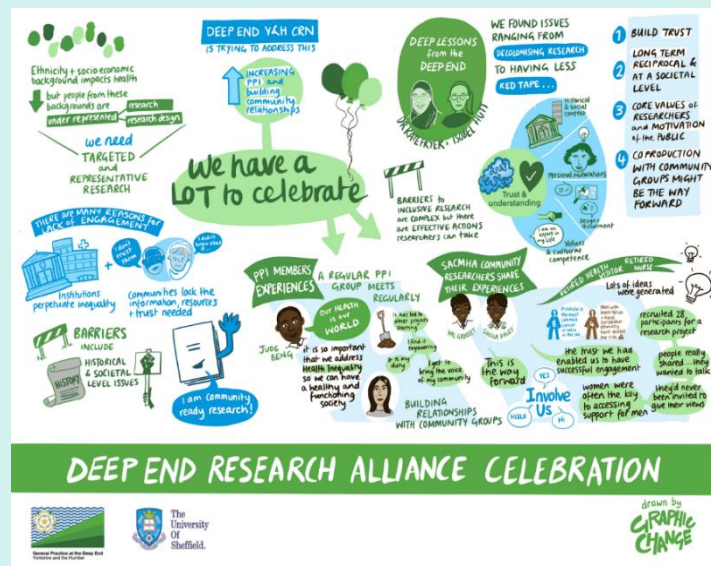
Connecting the public with research (Katie Biggs, Assistant Director of the Clinical Trials Research Unit – SchARR, University of Sheffield).

Katie visits the Deep End PPI group regularly to let them know what research is coming up. Many of our PPI members have become involved in further research through this. Katie jointly presented at the Health Services Research conference 2022, with Jude Beng, a Deep End PPI member.



‘Celebration Lunch and Showcase of Deep End Research in Yorkshire Humber’ 14th July 2022

We wanted to bring together and celebrate the exceptional work that the Deep End PPI group have been doing over the last 2 years. The celebration event included our Deep End Sheffield PPI group, community representatives, NIHR managers, CCG



representatives, Social Care managers, and researchers from the universities across Yorkshire and Humber. Past research collaborators displayed posters for the event in recognition of the impact that PPI and community engagement had made on their research. (Appendix 3 provides a selection of posters on display during the celebration event).

A Case Study in inclusive research: from research idea to stakeholder perspectives and academic/lay dissemination

The idea to explore the experiences of [people with both severe mental illness and obstructive airways disease](#) came from our work with mental health research units in Sheffield and York Universities, driven by a need to investigate the causes of and ultimately close the > 10 year gap in mortality between people with severe mental illness and the general population. Chronic lung disease was also identified as a primary care priority by a large Yorkshire Humber Deep End (DE) meeting attended by practitioners serving DE populations. We refined the study idea and approach further with the [Sun:Rise](#) Mental Health PPI group at Sheffield Health and Social Care trust. The project built multidisciplinary inclusive research capacity with two student researchers (trained as qualitative researchers), a clinical doctoral fellow and an NIHR clinical lecturer as well as senior academics.

We recruited patients from eight National Institute for Health and Care Research (NIHR) CRN DE practices and a second Sheffield CRN. We took our findings from the in-depth interviews with patients back to the [Sun:Rise](#) PPI group and a large stakeholder group, which included patients, the public, charity workers, mental health workers and GPs. This further shaped our conclusions to include stakeholder recommendations and priorities, which we included in our BMJ-Open publication – Mitchell et al (2021): Primary care for people with severe mental illness and comorbid obstructive airways disease: a qualitative study of patient perspectives with integrated stakeholder feedback.

We are delighted that this research paper was chosen by the NIHR evidence team as an exemplar of accessible and relevant research. The NIHR has produced a lay summary bulletin: [NIHR Evidence - Informative and accessible health and care research](#). Completion of work to this national standard and iterative development of our research approach with PPI experts-by-experience demonstrates our commitment to influencing experience-of-care and the value we place on public contributions throughout the research process.

Community and researcher engagement

Bridging the gap between researchers and communities

We have worked with both community organisations and researchers to enhance the way we work together and encourage the participation of diverse populations in research.

Developing relationships with community organisations



Forming relationships with community and voluntary organisations is a key part of enabling more diversity within research. During the past 2 years, we have learnt a lot about forming and maintaining these relationships, both practically and financially. Groups and individuals we work with include Woodhouse and District Community Forum, Shipshape, Rosa Cisneros Action Collective, Firvale Hub, Chili-Pep, SOAR and SACMHA.

We are furthest down the road in this relationship with SACMHA, and two SACMHA employees currently have roles as community researchers in Qizhi's prostate cancer work. We are extremely grateful to David Bussue (service director) and Val Grosset and Sheila Daley (community researchers), for this positive partnership. See Val on the left talking to participants during a prostate cancer research event, with Qizhi in the background.



We are aiming for research that is co-designed and funded with community groups. If you are a community group and would consider getting involved in health research, please contact us. We have some funding available to support further work with community groups.

Training for researchers to enable research participation in diverse populations

Based on our own experiences of working with researchers and patient representatives, we have designed training for researchers wishing to conduct 'inclusive research' to help them identify and plan for this from the earliest stages of their project. Four groups, including PhD students from The University of Sheffield and a research team from The University of Oxford have now undergone this training. All of the attendees said that it would influence the way that they would do their research.

"It has motivated me to start PPI as soon as possible and to make the process as inclusive as possible"

"Perhaps a specific case study of research that has been conducted with the Deep End group would be helpful to illustrate the process of PPI from the very beginning of research to the sharing of

"It made me think about ways that we might involve a more diverse range of people in our PPI"

The feedback from these 'Inclusive Research' training events has been used to develop our training materials, which will be a strong future focus of our work.

Deep Lessons from the Deep End

A qualitative study of the barriers and facilitators to inclusive research.

We undertook this research early in the DERA project to fill a gap in knowledge, drawing on our community relationships. In addition to a literature review, we held two focus groups to explore barriers and facilitators to inclusive research, one with the Deep End PPI group, and one with local community leaders, and drew themes from both literature review and the focus groups.

Our findings highlighted **problematic issues at the interface between communities and academic institutions**. These were both historical (e.g., the colonisation of the curriculum) and current (e.g., unsuitable recruitment methods). Therefore, **building trust between communities and institutions is essential** in ensuring inclusive research. This needs to be long-term and at a societal level (e.g., building reciprocal relationships between academic institutions and community groups), as well as project-specific (e.g., clarity of research processes). Feeding into the central issue are the core values of researchers (e.g., cultural competence) and the motivations of the public to become involved in research.

The historical and current social and community context will impact personal motivations and capacity to be involved in research. Researchers can take action to increase the chances of research opportunities reaching a diverse range of contributors and participants. These actions should be based on core values, including ‘cultural competence’, which will lead to more appropriate project design and recruitment. Shifts at a societal and institutional level will help to break down barriers between communities and institutions, increasing trust and understanding, and ensuring that changes in the way we work become embedded. **Co-producing research with community groups may be an effective model** to achieve these goals.

Examples of impact

Establishing relationships with community organisations

Yorkshire and Humber Clinical Research Network (Dr Qizhi Huang and Dr Caroline Mitchell – University of Sheffield and Professor Janet Brown – Weston Park Hospital Sheffield).

Qizhi and two community researchers (Sheila Daley and Val Grosset) will co-present their findings of early-stage participatory research in cancer research at the 'UK Black in Cancer' national conference: 'Transforming a black man's journey with prostate cancer - research prioritisation and co-production workshops with the Sheffield Black-African Caribbean community (SACMHA Health and Social Care).

See appendix 4 for the full report in News Bulletin - Ethnic Minority Research Inclusion Group.

Exploring cultural understandings of dementia and ageing and improving access to dementia services for ethnic minority communities (Dr Josephine Reynolds et al, The University of Sheffield)

Through a number of PPIE events, Josie has focussed on building trust over the past 6 months with Shipshape, SACMHA and Lai Yin community organisations representing the South Asian, African & Caribbean and Chinese communities of Sheffield. These have included a Men's Club with a group of older gentlemen from the Pakistani community, a workshop with the staff and volunteers at SACMHA, visits to house-bound elderly from the Caribbean community and a carers' relaxation event with people from the Chinese diaspora. This



collaborative consultation has co-developed plans for a qualitative study looking to explore the cultural understandings of dementia and

ageing and the barriers to accessing dementia services. The project will recruit carers to illustrate their lives through taking photos and



then culminate in a public awareness-raising exhibition. It will also work with community leaders and health practitioners to develop ideas on how to improve services.

Sheffield Research Nurse Forum (Johanna White and Michelle Cunningham) 2021

Johanna and Michelle (research nurses) brought together other nurses working in or interested in Primary Care Research with the view of having an avenue for offering peer support to nurses in Sheffield. Feedback from the Sheffield Research Nurse Forum highlighted that the members of this forum really valued the idea of having such a medium as working in research in primary/community Care can be very isolating. (See appendix 5 for the full report in the News bulletin – Deep End Research Nurse Report).

Johanna is supporting and co-facilitating the DE PPI group. She also supported links between SACMHA and The Cavendish Centre to co-develop their services to better support men with prostate cancer and their carers within the African Caribbean community.

Future plans

Developing relationships with community organisations

- The Deep End PPI group is working full time with researchers on diverse primary care research topics.
- We have planned an away day with the Deep End PPI group to plan together how to develop the group further, how best to arrange their workload and how they wish to run the group (e.g., lead/co-facilitate with our project workers).
- We have a number of grants in preparation which we hope will help consolidate our team and secure its future at the University of Sheffield.
- We plan to co-produce research with community groups as funded partners. We have achieved this in some early prostate cancer research and are developing research priorities and ideas for Dementia Research (with Shipshape and SACHMA).
- We are developing our model of training for community researchers for a sexual and reproductive health study funded by the Royal College of General Practitioners in November 2022.

Get in touch

If you would like to find out more, please get in touch:

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Primary Medical Care [research-themes](#)

Useful links for update and output of our research and community engagement work

[case-study-integrating-attention-to-ethnicity-and-migration](#)

yorkshiredependgp.org/research/

Acknowledgements

We would like to thank our funders, including NIHR Research Capacity fund (RCF) grant from Sheffield Health and Social care trust/NHS Sheffield Clinical Commissioning Group Yorkshire and Humber CRN Strategic Business Case Grant.

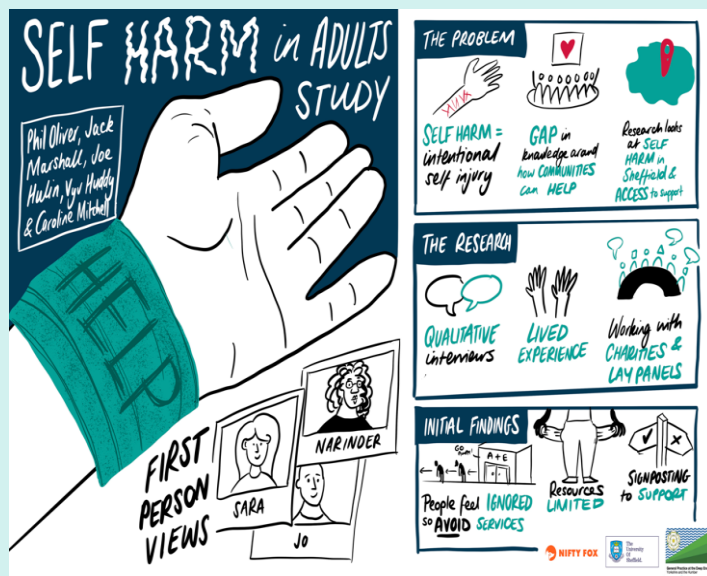
Thank you also for continuing support and guidance to the following individuals and groups:

- Shameen Khan, Tom Lawy, (leads Sheffield Deep End CRN), Allison Smith/Qizhi Huang (leads Sheffield South East/Township CRN).
- The LCRN Yorkshire and Humber Core team/NIHR Clinical Research Network (CRN): Christopher Rhymes, Srdjan Ljbojevic, Duncan Courtney, Gail Baggley
- Dr Michelle Horspool: Deputy Director Research Sheffield Health and Social Care NHSFT/NHS Sheffield CCG.
- The YH NIHR EMRI (Ethnic Minority Research Inclusion) Group

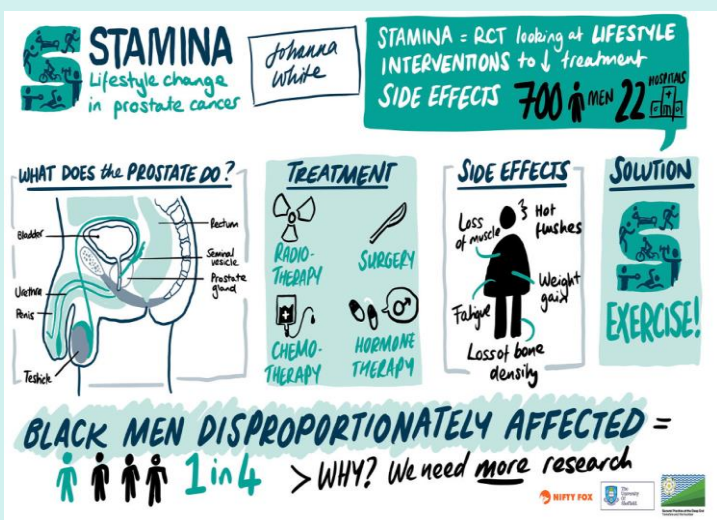
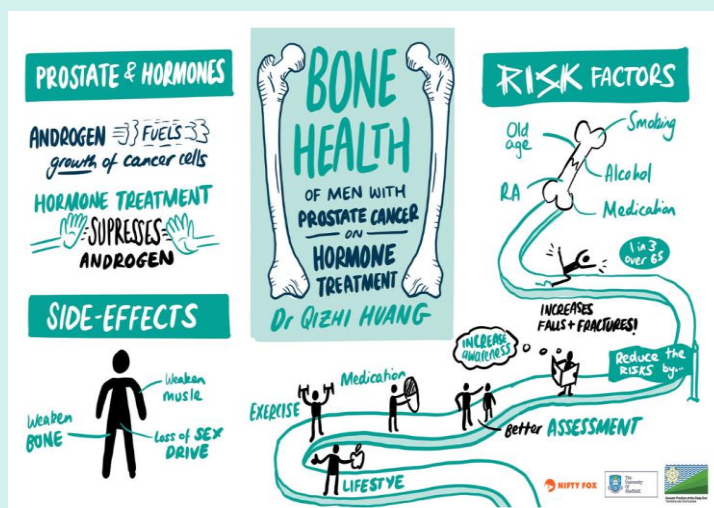
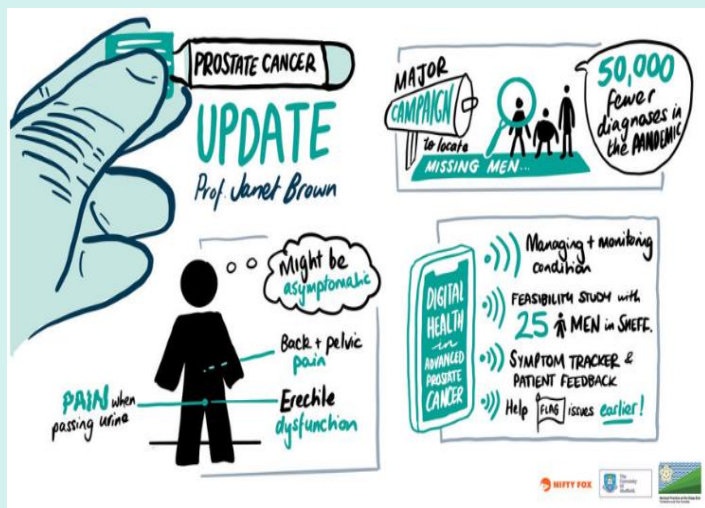
An immense note of appreciation to all the community organisations supporting our work, particularly the [Woodhouse and District Community Forum](#), [Firvale Community Hub](#), [Rosa Cisneros Action Collective](#) rosasencis.org, [Chilypep](#), [Shipshape](#), [SOAR Community](#) and [SACMHA](#).

Appendices

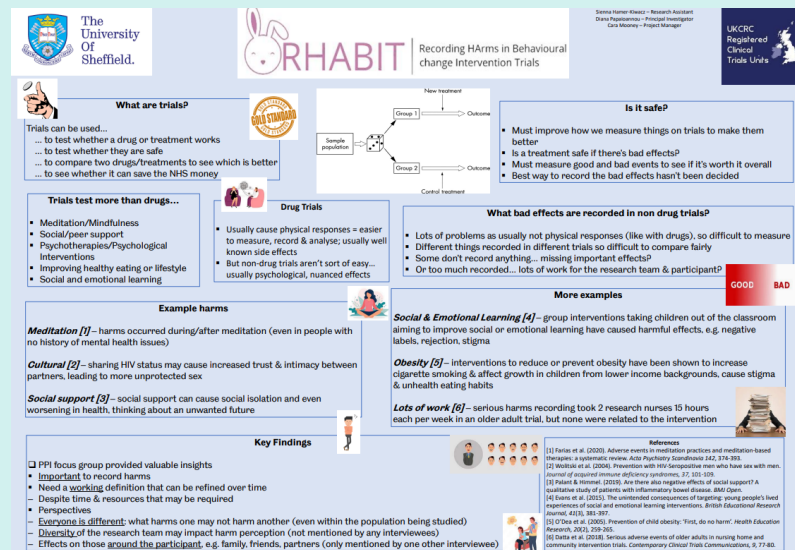
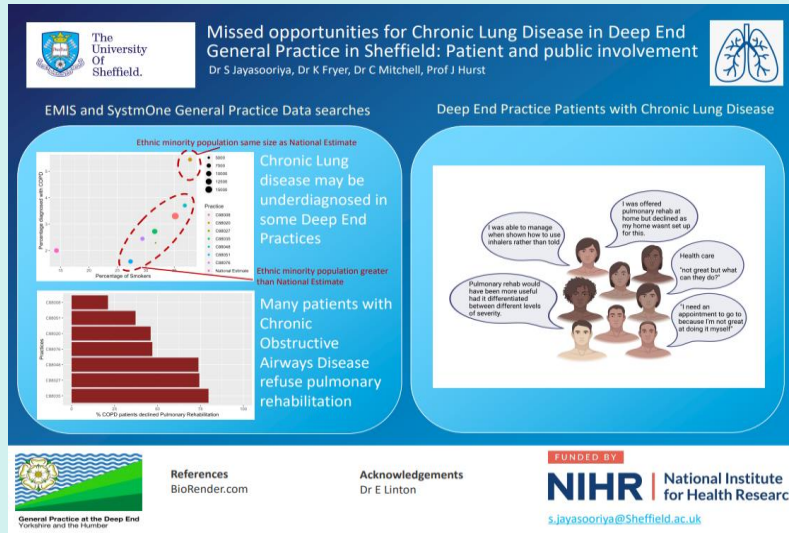
Appendix 1: Inclusive mental health visuals



Appendix 2: Prostate Cancer visuals



Appendix 3: Selection of posters from DE Celebration Event



Occupational Therapy in Primary care: A literature review

Project lead: Jennifer Read

Our project: a 'literature review'

- What is a literature review?
- A literature review finds everything that has been written about the thing you are interested in and summarises it all in one place.
- What are we interested in?
- Occupational Therapists working in GP practices
- Where will we look?
- On the internet, in University libraries



The Deep End group thought:
The main effects we should try and find out about were:

- Accessibility of services (addresses inequalities; support for community within community; support closer to home)
- Awareness raising of what OT is
- Carer support
- Confidence (the patient's and their confidence in health services)
- Seeing the person in their own context/holistic approach/wellbeing
- Continuity of care/transition between services
- Preventative approach
- Quality of life and independence
- Relationships between staff and patients
- Efficiency of services

Next steps?

- ☒ Found the information
- ☐ Search the information for the main effects
- ☐ Feedback to Deep End group

What help did we need from the Deep End group?

- Help to work out what we want to bits of writing to look for and what bits we choose
- Giving us feedback on the summary we write and give us feedback
- Help us work out who needs to hear about our summary and how we should tell these people



Appendix 4: News Bulletin - Ethnic Minority Research Inclusion Group.

Ethnic Minority Research Inclusion Group - Yorkshire and Humber Clinical research network

News bulletin

Dr Qizhi Huang (QH), a GP in Sheffield and NIHR clinical lecturer at the University of Sheffield, won a grant together with Professor Janet Brown (JB), an oncologist consultant at the Weston Park hospital and Dr Caroline Mitchell (CM), to undertake public and patient engagement activities around prostate cancer. Knowing that 1 in 4 black men will have prostate cancer in their lifetime, Dr Huang was very keen to speak to people from the African-Caribbean community.

Sheffield African Caribbean Mental Health Association (SACMHA) have been working to support the health and social care needs of the black community for nearly 30 years. Having worked with the University of Sheffield previously, and understanding the importance of prostate cancer for his community, Service Director David Bussue embraced the opportunity to work on this.

Two community healthcare workers, Sheila Daley (retired nurse) and Val Grosset (retired health visitor), from the organisation have taken the role of community researchers for the project. They have drawn on their considerable skills and knowledge base to connect with their community and co-facilitated series of workshops.

SACMHA hosted the first workshop as a 'safe space' for prostate cancer patients and carers from the African-Caribbean community. JB and QH presented an overview of prostate cancer and potential complications from cancer hormone treatment and CM joined the groups and answered primary care questions. Participants shared their experiences, understandings and concerns in small group discussion. The second workshop was hosted at the University of Sheffield, and followed the same format but with a mixed group of patients and carers.

Key topic points were identified from the two workshops and summarised around a patient journey of prostate cancer including prevention, early diagnosis, treatment and post-cancer care. The results were presented in a follow-up workshop hosted by SACMHA. A visual scribe also presented lay summaries at each workshop.

The research needs that were identified included awareness of prostate cancer and the PSA blood test in black men (and clinicians). There were lots of great ideas such as billboards, advertising at community events, local radio, YouTube videos, website, and patient information booklet etc. Use of technology to help with education and management of prostate cancer was also a hot topic.

QH will co-present (with Sheila Daley and Val Grosset) the findings of this early stage participatory research at the 'UK Black in Cancer' national conference: *'Transforming a black man's journey with prostate cancer - research prioritisation and co-production workshops with the Sheffield Black-African Caribbean community (SACMHA Health and Social Care)'*.

Our next step is to translate identified needs and research ideas into funding applications. Watch this space.

Appendix 5: Deep End Research Nurse Report

Deep End Research Nurse Report – June 2022

Deep End PPI Group

I have had the great pleasure of getting to know the PPI group over the last year and I have worked with Kate to facilitate meetings with researchers. They are such a confident and cohesive group that word has got round, and they are in high demand, so their calendar is very full!

Developing relationships with local Voluntary Community Groups

We have been reaching out to local community groups, to find out about the work they do and to raise awareness about research.

For example, in March, I met Kim Scott, the Community and Peer Support Manager from the Cavendish Cancer Care Centre. I spent a morning with her colleague at 'The Cancer Hub' in the Moor Market finding out about the fantastic outreach work that they do, offering reliable and impartial information about cancer in an informal and accessible way.

In May I attended a very lively 'People Keeping Well Partnership' meeting in Woodhouse, where people from many local groups come together to share information on local projects. Following on from this, I am hoping to link up researchers in Dementia with community workers who were very keen to help recruit people for the study.

By raising awareness about the role and importance of the PPI group within the Deep End, we hope that in time, the group will grow to expand the representation across Sheffield.

Deep End Research Group Summer Meeting – Embracing the Sheffield Roma Community

The next Deep End meeting was held face to face at the local 'Grimesthorpe Family Centre'. We are very pleased to be able to host an event in this venue, to support and celebrate the ongoing renovation of this historic community centre.

The focus was on 'Embracing the Sheffield Roma Community' and featured a workshop presentation from Rosa Cisneros, a researcher, dancer, and community facilitator from the Roma community. We are very excited to establish this link and hope that it will be the first step in building a compassionate and productive relationship in research with the Roma community.

The Research Nurse Forum

The 'Research Nurse Forum' was set up after Mishell Cunningham and I met in Autumn 2021. Our combined experience in Research Nursing and Practice Nursing allowed us to bring together a group of Nurses who are working in or interested in Primary Care Research. So far, the meetings have been held online and the focus has been to offer Peer Support to Nurse in Sheffield.

Recently, I went to Clifton Medical Practice in Rotherham, to meet Dale Carter (Research Nurse in Primary Care) and Paula Boyer (Community Matron and Nurse Researcher in Rotherham studying for her PHD, looking at Complex Case Management in Primary/Community Care).

They really valued the idea of a Research Nurse Forum, echoing the feedback from the Sheffield Research Nurses, that working in research in Primary/Community Care is very isolating.

We are all looking forward to our first face to face meeting in July and hope that it will be the first of many.